

# Utah School of Hair Removal

## Distance Education Self Assessment Form

### Technical Skills & Competencies

1. I have reliable access to the internet.  
Yes      No
2. I can use various internet browsers (Explorer, Google Chrome, Firefox, Safari).  
Yes      No
3. I know how to send and receive emails.  
Yes      No
4. I know how to download and upload files in emails.  
Yes      No
5. I know how to access live group technology such as Facetime, Zoom, or Google Meet?  
Yes      No

### Readiness for Distance Learning

1. I own or have consistent access to a computer/laptop, or will have access by my program start date.  
Yes      No
2. I can learn by working independently.  
Yes      No
3. I can manage multiple tasks online.  
Yes      No
4. I know how to make time for my coursework.  
Yes      No
5. I am comfortable in following written instructions.  
Yes      No

Since students at Utah School of Hair Removal take online courses during their program, it is essential that you have these skills. Upon the submission of this assessment, your admissions officer will review your results to determine your eligibility for admission.

By signing below, I certify that I have answered all of the questions in this assessment truthfully and accurately.

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_